



# Manitoba Keewatinowi Okimakanak Inc.

## Survey for MKO Youth Ages 12 to 18

Manitoba Keewatinowi Okimakanak (MKO) is seeking direction from youth from MKO communities on possible programming to support you during and after the COVID-19 pandemic. Please complete the following survey by **March 16, 2021**, to be eligible to win a \$50 gift card from MKO. There are 10 chances to win! You need to include your contact information at the end of the survey to be eligible to win. We are keeping your name and contact information confidential. While we will publicly share information we learn from the surveys, we will NOT let anyone know the names or contact information of young people who completed the survey. To be eligible to win a gift card, you must be between 12 to 18 years old and from one of our 26 MKO communities. You need to complete the entire survey to be eligible to win the prize.

**Which MKO community are you from? Please select one:**

- I am NOT a member of an MKO community
- Barren Lands First Nation, Brochet
- Bunibonibee Cree Nation, Oxford House
- Chemawawin Cree Nation, Easterville
- Fox Lake Cree Nation, Gillam
- God's Lake First Nation, God's Lake Narrows
- Granville Lake First Nation, Leaf Rapids
- Manto Sipi Cree Nation, God's River
- Marcel Columb First Nation, Lynn Lake
- Mathias Colomb Cree Nation, Pukatawagan
- Misipawistik Cree Nation, Grand Rapids
- Mosakahiken First Nation, Moose Lake
- Nisichawayasihk Cree Nation, Nelson House
- Northlands First Nation, Lac Brochet
- Norway House Cree Nation
- Opaskwayak Cree Nation
- O-Pipon-Na-Piwin Cree Nation, South Indian Lake
- Pimicikamak Cree Nation, Cross Lake
- Sapatoweyak Cree Nation, Pelican Rapids
- Sayisi Dene Denesuline Nation, Tadoule Lake
- Shamattawa First Nation
- Sherridon First Nation
- Tataskweyak Cree Nation, Split Lake
- York Factory First Nation, York Landing
- War Lake First Nation, Ilford
- White Water Reserve, Saskatchewan
- Wuskwi Sipiik Cree Nation

**\*\*Note, this survey is for MKO community members only.**

*If the response selected is "I am NOT a member of an MKO community," please stop the survey.*

**Are you between 12 to 18 years of age?**

- Yes
- No

*If your response is NO, please stop completing the survey.*

**What age are you?**

**What is your understanding of what this pandemic is about?**

**Do you speak an Indigenous language? If "no," would you like to learn an Indigenous language?**

- |                               |                             |
|-------------------------------|-----------------------------|
| <input type="radio"/> Yes     | <input type="radio"/> Yes   |
| <input type="radio"/> No      | <input type="radio"/> No    |
| <input type="radio"/> Sort of | <input type="radio"/> Maybe |

**Which language(s) do you speak?**

- Cree
- Dene
- English
- French
- Oji-Cree
- Other (please specify): \_\_\_\_\_

**If we were to offer language or cultural supports, please select which of the following would be of most interest to you:**

- Access to traditional medicines
- Access to land-based outdoor activities (for example, classes on how to find and harvest medicines, classes on how to harvest traditional food, etc.)
- Cultural teachings from Elders and Knowledge Keepers
- Cree language classes
- Dene language classes
- Stories and legends connected to my community

**What type of supports or activities would help you feel good right now? For example:**

- Access to a friend or counsellor who can talk to me on the phone or in person on a regular basis
- Access to sports or organized physical activities
- A safe space where I can gather with others my own age
- Art and crafts classes/workshops
- Classes where I could learn something new
- Contests
- Entertainment
- Food
- Fun activities
- Mentorship—access to someone who can be a role model to me
- Music
- A pen pal/someone I can exchange letters or emails with in another part of the province

**What are some of your main interests? Please select up to 5 choices:**

- Art
- Baking
- Beading
- Blogging
- Books
- Cooking
- Comedy and jokes
- Comics
- Creative writing
- Drawing
- Exploring the outdoors/being in nature
- Fishing
- Gardening
- Going to school/studying
- Helping other people
- Hunting
- Listening to music

**What are some of your main interests? Please select up to 5 choices:**

- |  |  |
|--|--|
| <input type="radio"/> Art                                    | <input type="radio"/> Talking to friends                                     |
| <input type="radio"/> Baking                                 | <input type="radio"/> Video games/gaming                                     |
| <input type="radio"/> Beading                                | <input type="radio"/> Videography (making my own videos)                     |
| <input type="radio"/> Blogging                               | <input type="radio"/> Walking or going for hikes                             |
| <input type="radio"/> Books                                  | <input type="radio"/> Watching TV, movies, or videos                         |
| <input type="radio"/> Cooking                                | <input type="radio"/> Writing in my journal (or I'd like to start a journal) |
| <input type="radio"/> Comedy and jokes                       | <input type="radio"/> Other (please explain):                                |
| <input type="radio"/> Comics                                 |  |
| <input type="radio"/> Creative writing                       |  |
| <input type="radio"/> Drawing                                |  |
| <input type="radio"/> Exploring the outdoors/being in nature |  |
| <input type="radio"/> Fishing                                |  |
| <input type="radio"/> Gardening                              |  |
| <input type="radio"/> Going to school/studying               |  |
| <input type="radio"/> Helping other people                   |  |
| <input type="radio"/> Hunting                                |  |
| <input type="radio"/> Listening to music                     |  |
| <input type="radio"/> Magazines                              |  |
| <input type="radio"/> Making music                           |  |
| <input type="radio"/> Painting                               |  |
| <input type="radio"/> Photography/taking photos              |  |
| <input type="radio"/> Playing sports                         |  |
| <input type="radio"/> Puppets                                |  |
| <input type="radio"/> Reading                                |  |
| <input type="radio"/> Spending time on social media          |  |

**We want to try to support your wellness/your happiness. What are some things we might be able to do for you over the next year?**

**Do you have any concerns or fears as we live through the COVID-19 pandemic?**

- Yes
- No
- I'm not sure

**If "yes," what are some of your concerns or fears?**

**If you do have any concerns or fears, do you think there is anything we could do to help you?**

**Are you aware of any mental health supports available to you? (You can select multiple answers)**

- Yes
- No
- Sort of
- I access the support already
- I'd like more information on available support

**Would you like to receive more information from MKO?**

- Yes
- No
- I'm not sure

**How would you like to receive information from us?**

- Email
- Newsletter
- Phone call
- Poster
- Social media
- Radio
- Television
- Text message
- Other (please specify): \_\_\_\_\_

**If you use social media, which types are your favourites? Please select up to three:**

- Facebook
- Instagram
- Pinterest
- Snapchat
- Tiktok
- Tumblr
- Twitter
- Youtube
- Other (please specify what kind): \_\_\_\_\_

**Would you be open to becoming a youth mentor or leader in your community?**

- Yes
- No
- I'm not sure

**Would you like to be entered into our contest to win one of 10 gift cards?**

- Yes
- No

**If yes, please provide your contact information so we can follow up with you:**

Name:

Age:

Email:

Phone:

Mailing address:

**To return a printed survey to us, you can:**

**Email:** [info@mkonorth.com](mailto:info@mkonorth.com)

**Fax:** 204-778-7655

**Mail it to:** MKO, 206-55 Selkirk Avenue, Thompson, MB, R8N 0M5

Notes or additional comments:



**Manitoba  
Keewatinowi  
Okimakanak Inc.**