

A TOOLKIT FOR Understanding and Activating your MKO MOBILE CRISIS TEAM



Community
is Medicine



Manitoba
Keewatinowi
Okimakanak Inc.

Do you know when to contact your **MKO MOBILE CRISIS RESPONSE TEAM** and how we can help you?

Call us if...

1. CRISIS EVENT

- Your community or an individual has experienced a crisis
- An immediate response for clinical or medical intervention is needed
- The SAFETY of the person experiencing crisis cannot be handled in their respective communities. This may require medevac or assistance from the Nursing Station, Hospital or Health Care Centre

2. CRISIS STABILIZATION

- You need help assessing a crisis situation and determining the level of response needed
- You need help to determine whether the crisis has been stabilized
- You need assistance to make appropriate external referrals (i.e. transportation, counseling, traditional healers, etc.)
- You need help planning or providing healing paths, aftercare and the continuum of care for persons experiencing crisis within their respective communities

3. PATH TO WELLNESS

- You need individual or group Crisis Response from professionals and a culturally knowledgeable response team
- You have a sensitive crisis that requires safe, private, confidential and culturally appropriate paths to healing
- You need additional resources, tools or education materials regarding the MKO Mobile Crisis response process

4. CONTINUUM OF CARE

- You need assistance transitioning services from a crisis situation or crisis stabilization to your community's Wellness Teams
- You need to improve your Community's own Crisis Team's training
- You need to set up a Crisis Response Team within your own community – staffed by your very own community members
- You have questions or need more information about safe trauma and crisis supports for your community

COMMUNITY WORKERS CHECKLIST:

Call us if an individual or your community experiences a crisis, such as:

- Sexual Violence, abuse or rape
- Domestic Violence
- Suicide or suicide attempts
- Violent incident
- Drug overdose
- Murder or attempted murder
- Serious Accident
- Accidental death
- Trauma from bullying or cyber-bullying
- Serious mental health difficulties
- Natural or man-made disasters
- Missing persons
- Other trauma or crisis

NOTE: If you are unsure about a crisis response in your community, please call us to see if our services can help.

The MKO Mobile Crisis Response Team is...

An all-Indigenous team of special frontline helpers who will mobilize within your respective community. Our team will provide traditional and comfortable SAFE supports for your experience during your Crisis.

The MKO Mobile Crisis Response Team will...

Meet directly with those experiencing Crisis in the comfort of their homes or within a designated SAFE space. Create SAFE spaces for which groups may come together for sharing and learning.

The MKO Mobile Crisis Response Team ensures...

SAFETY for all those we work with or provide direct service. SAFETY Planning in order to maintain living your best life within the community. SAFELY referring you to ongoing care with the respective services available to you within your community. PROFESSIONAL services and referral to appropriate clinical or medical care as identified by persons experiencing crisis.



Activating the MKO Mobile Crisis Response Team

Call INTAKE: 1-844-927-LIFE (5433)

- Your information will be taken down and the nature of your Crisis. A brief description of what the Crisis in order to TRIAGE your Crisis for appropriate response. The Crisis Team Coordinator will assess the level of TRIAGE and Respond accordingly by contacting the COMMUNITY CONTACT. The COMMUNITY CONTACT is identified at the time of INTAKE.

Deployment of the Mobile Crisis Response Team (MCRT)

- MKO MCRT will deploy with preliminary INTAKE information and arrive within the community in a timely manner in order to provide Crisis Response and Crisis Stabilization. The MCRT members will be identified to the COMMUNITY CONTACT or through the channels of the INTAKE process by means of a DEPLOYMENT PLAN.

COMMUNITY CONTACT shall

- Provide transportation needs for MCRT within the community as it pertains to completing Crisis Response and Crisis Stabilization duties.
- Provide a COMMUNITY CONTACT Meeting; to discuss INTAKE information and any NEW information that may have occurred while in-transit to your community.
- Provide a referral list of names of persons experiencing crisis for which MCRT will engage at the community-level.
- Provide a reasonably SAFE and CONFIDENTIAL meeting space for MCRT to provide 1-to-1, group or education to persons experiencing crisis. Preference is for a door that can be locked or un-locked from the persons inside

the room. The MCRT and the person receiving Crisis Response services from the inside can control privacy and uninterrupted services.

- Make it known to the MCRT Members-on-the-ground if there are ANY UNSAFE WORKING CONDITIONS OR ENVIRONMENTS. This includes, but not limited to; safety of transportation, safety of meeting location in community, safety of accommodation or ANY RISKS ASSOCIATED WITH MEDICAL CONTAMINATION OR BREACH OF CONTAINMENT. Safety as it relates to affiliations that are currently involved with AT RISK BEHAVIOURS: gangs, groups, active unrest, violence or threat-of-violence, civil grievances that have escalated to confrontations or otherwise.

Crisis Response & Crisis Stabilization

- MCRT will make all efforts to meet with all persons referred in order to provide Crisis Response. Appropriate services will be determined in real-time and at the discretion of each team deployed.
- MCRT will determine whether Crisis Stabilization has been achieved and provide an outlet for After-Care for persons experiencing crisis within their respective communities.
- MCRT will make appropriate external referrals through the channels available to community members within their respective communities.
- MCRT has the capacity to activate an immediate response for clinical or medical intervention when the SAFETY of the person-experiencing crisis has escalated or cannot reach Crisis Stabilization within their respective communities. This may require medevac or assistance from the Nursing Station, Hospital or Health Care Centre.

- MCRT will re-refer all identified persons back to the COMMUNITY CONTACT for which After-Care discussions and planning can take place. The potential for follow-up visits by MCRT can be arranged in order to honour a Continuum of Care.

When MCRT Leaves

- The Persons Experiencing Crisis should now be in a Crisis Stabilization period for which they are SAFE enough to continue within the community in their daily lives.
- The COMMUNITY CONTACT will make appropriate follow-ups or referrals for the persons who formerly experienced crisis, whom now exist within a Crisis Stabilization period, to honour a Continuum of Care.
- The COMMUNITY CONTACT may consult with the MCRT Members that responded to the Crisis in the community in an ongoing basis and have direct access to those team members.
- Communications from persons in Crisis Stabilization to the MCRT can be handled through the COMMUNITY CONTACT. Other arrangements can be made at the discretion of the MCRT Members that respond to your Crisis.

Continuum of Care

The MCRT honours the Continuum of Care by ensuring subsequent follow-up visits occur in order to achieve a sustainable Crisis Stabilization period for the persons whom formerly experienced Crisis. This Continuum of Care includes having the same MCRT Member(s) that were involved from the ONSET of DEPLOYMENT to your respective communities. What this means is MCRT will not send MCRT Members who were not present from the ONSET of DEPLOYMENT. If new MCRT Members are introduced it will be in tandem with the MCRT Member(s) who were present from the ONSET to integrate

more coverage for your communities needs. New MCRT Member(s) will only be introduced during the Crisis Stabilization period.

Wellness Teams

MCRT strives to help guide participants of our services into a Wellness stage of their lives. Wellness is the ongoing treatment of self for the betterment/improvement of everyday life for the person whom previously experienced Crisis. The person is now able to implement exercises/practises learned through assistance during Crisis Stabilization period in order to manage where previously they were unable.

MCRT can now transition services from Crisis & Crisis Stabilization to the Wellness Teams that are located throughout the Province of Manitoba. Each area will have access to the ongoing treatment provided by Wellness Teams. MCRT will be happy to assist you during this transition.

Number of Visits

MCRT will DEPLOY from the ONSET of Crisis, this is done to do Crisis Management and Crisis Response.

MCRT will FOLLOW-UP visit your community during a Crisis Stabilization period for up to 2-3 visits to ensure SAFETY for all identified participants. In this time, MCRT will present the option for your respective communities to request the Community Based Crisis Team Development. This is training that will setup a foundational values approach to setting up a Crisis Response Team within your own communities, staffed by your very own community members.



For more information or to contact your MOBILE CRISIS TEAM call:

1-844-927-LIFE (5433)



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