



Lifesaving Society Manitoba's **Northern Water Smart® Program** aims to make your community Water Smart® this July and August! Here is the information package and application form for the 2020 program. **Please be aware that due to COVID-19 we may need to arrange visits on short notice, or may have to cancel all visits entirely.**

There is no charge to the participants in any of the courses, but your community must provide clean, safe, and secure **accommodations** for our instructor(s) during their week-long stay and pay a **community access fee** to cover the cost of **meals**. We send one or two instructors, depending on the size of your community.

- ❖ **Swim to Survive® Lessons:** For anyone age 6 and older; we run 4 days of 3 hour survival swimming lessons (weather dependent). Certificates are mailed out for *all* participants. The three skills they learn to prevent drowning are:

- Safe entries for falling into the water (don't panic),
- How to tread water for one minute (locate safety),
- How to swim for 50 metres (getting to safety).



- ❖ **Water Smart® Safety Clinics – 2-7 hour courses:** These sessions provide your community with safety information on specific water-related topics. They will include presentations and hands on activities to reinforce the lessons in each course. You can choose one or more of the following topics depending on your community needs:

- **Boat Operator Accredited Training (B.O.A.T.)** – This 7 hour course allows successful candidates to earn their Transport Canada Pleasure Craft Operator (PCO) Card. Candidates must attend the entire course and pass a written multiple-choice test in order to be successful.
- **Water Smart® for Kids** – This 2 hour dryland program is designed for children ages 6 – 12 and provides them with basic water safety and first aid training.
- **Within Arms' Reach** – This 2 hour dryland program is for parents and caregivers of young children. It covers the supervision of young children in, on, or around water.



- ❖ **Emergency First Aid & CPR Level C – 8-hour course:** Manitoba Workplace Health and Safety recognizes this course as Basic First Aid. Each candidate will learn basic rescue skills for general emergencies such as bleeding, breathing emergencies, burns, choking, heart attack, stroke and CPR and AED usage for adults, children and infants.

Community Responsibilities

To host our program, you and your community are required to:

- Provide clean, safe, and secure accommodations for the instructor(s) during their entire week-long (Monday to Friday) stay **at no cost** to the instructor(s),
- Pay a \$200.00 access fee to the Society to cover the cost of food/meals for the instructor(s). **DO NOT** send money to us until we confirm a visit with you and send an invoice.
- Market the program by using our posters and promotional tips,
- Transport the instructor(s) to and from the airport in your community (if applicable),
- Support the instructor(s) during their stay by:
 - transporting them to and from waterfront and classroom locations,
 - assisting with organizing classes,
 - ensuring that instructors are safe and comfortable, and
 - always being reachable in case of emergency.

Confirmation of Program Dates

The 2019 Northern Water Smart® Program will run from **July 6 to August 28, 2020**. Applications are due by 4:00 PM on **June 19, 2020**. We will contact you to confirm the dates we will visit your community between **June 25 - 30, 2020** – we are unable to provide confirmation of dates before that time. **Please be aware that due to COVID-19 we may need to arrange visits on short notice.**

Program Schedule

After June 25, 2020, the instructor(s) assigned to your community will be in touch to confirm all details, including the program schedule. Below is an example of one possible visit schedule, but we have some flexibility depending on the needs of your community.

Please note that we will not book our travel arrangements until we have confirmed all details with you.

Time	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Travel	Breakfast / Lesson Preparation			Administration or Paperwork
1:00 to 4:00 PM	Swim to Survive® Swimming Sessions				Travel
4:00 to 4:30 PM	Water Smart® for Kids Sessions				
4:30 to 6:00 PM	Meal Break & Evening Lesson Planning				
6:00 to 10:00 PM	BOAT Course (Part 1)	BOAT Course (Part 2)	EFA & CPR-C (Part 1)	EFA & CPR-C (Part 2)	

Send In Your Forms!

To request a visit, please send **Pages 4 - 6** to our office by mail, e-mail, or fax by 4:00 PM on **June 19, 2020**. You may e-mail us at watersmart@lifesaving.mb.ca to request an electronic copy of this package.

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100 – 383 Provencher Blvd
Winnipeg, MB R2H 0G9
Phone: (204) 956-2124
Fax: (204) 944-8546
watersmart@lifesaving.mb.ca

Tips on Completing Your Application

To ensure that your community has the best possible chance of being accepted for a program visit please make sure that your application is sent to us no later than 4:00 PM on **June 19, 2020**. We will continue to accept applications after this date, but we cannot guarantee that any applications received after this date will be eligible for visits.

Please keep the following points in mind when filling in the application:

- Have you printed or typed your application so that it is clear & legible? If we cannot read your application, it is much harder to arrange a visit.
- Have you filled in every section of the form? A complete form saves us time in processing your application. The more we have to call you about missing information on the form, the harder it is to schedule a visit to your community.
- Have you given us at least three different weeks that your community is able or willing to host the program? If you are willing to host at any time during the program period you may state this in the First-Choice Week section.
- Have you made sure that the preferred dates you have selected do not conflict with other special events running in the community?
- Have you clearly indicated which programs you want us to come and run in your community? We will run either three or four different courses depending on community needs. Exact scheduling will be worked out with your instructor(s) once a visit has been set up.
- Have you made sure that both the Primary and Back-Up contacts know all of the details about the application and the visit? If we cannot get in touch with the primary contact we will call the back-up contact and it is important that they know they are listed on the application and may receive phone calls.

Important Updates for the 2020 Program Year

We have made updates to much of the application form for 2020. Please review the form carefully to make sure you have entered the required information for this year.

If you are scheduled for a visit, your community will be required to pay a **Community Access Fee of \$200.00**. This access fee must be paid before any travel arrangements are booked for our trip. **DO NOT** send us any money until we confirm visit dates with you and send you an invoice.

Reminder

Applications are due by 4:00 PM on June 19, 2020



Northern Water Smart® Program – Summer 2020 Application Form

Thank you for your community’s interest. Due to the generosity of our funders, these programs are provided to participants **free of charge**. Your community is required, however, to provide clean, safe, and secure **accommodations** and funding for **meals** for our instructor(s).

Complete this form in full and return it to us by June 19, 2020 to request a program visit. Call us at (204) 956-2124 or email watersmart@lifesaving.mb.ca with any questions.

Community Information
Community Name:
Estimated # of Community Residents:
Estimated # of Children Under 16:
Approximate Distance to Waterfront:

Preferred Dates
<ul style="list-style-type: none"> • Our program is available weekly (Monday to Friday) from June 29 to August 28, 2020. Please consider general weather and water conditions when indicating your preferred weeks. • Due to the number of requests we receive, we require you to provide three options. • Our schedule will be confirmed starting on June 25, 2020. We cannot provide confirmation before then.
First-Choice Week:
Second-Choice Week:
Third-Choice Week:

Sponsor Agency Information
<ul style="list-style-type: none"> • Please provide us with some information about the agency within your community that is organizing the visit (band or community council, health agency, school board, etc.).
Agency Name:
Main Office Phone:
Office Fax Number:
General E-mail:
Mailing Address:
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Community Contact Information

- You are expected to be in the community for the entire time our instructor(s) is visiting. You should be available at **all times** to assist the instructor(s) with the courses and any other opportunities that arise.
- You or a designate must be available to pick up instructor(s) at the airport and take them to course locations.
- **You must provide at least one back-up contact.**

Primary Contact	Back-Up Contact
Name:
Work Phone:
Cell/Home Phone:
Fax Number:
Email:
Mailing Address:
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Course Selection

- Please check off the courses that your community is interested in hosting when we come to visit. Our instructors will be in contact to determine the exact course schedule.
- Program descriptions are located on Page 1 of this package.

- Swim to Survive® swimming instruction (4 x 3 hr sessions).
- Emergency First Aid & CPR-C course (8-hour course).
- Boat Operator Accredited Training (B.O.A.T.) course (7-hour course & exam).
- Water Smart® for Kids activity sessions (2-hour program).
- Within Arms' Reach presentation (2-hour presentation).

Notes or Comments:

Course Locations & Space

- Indoor classroom available for B.O.A.T., First Aid, and Water Smart® Safety Clinics.
- Audio-visual resources (microphone, projector & screen) available in classroom space.
- Safe waterfront or beach available for Swim to Survive® lessons.
- Lifejackets/PFDs from the PFD Loaner Program are available for Swim to Survive® lessons.
- Course sites are within walking distance (*otherwise you must provide transportation*)

Notes or Comments:

Course Preparation & Staff Assistance

- Community staff or summer students will help with the Swim to Survive® lessons.
- Our community can sort children into groups for swimming lessons based upon age/ability.
- Our community has teens or adults who want to learn water rescue skills.

Notes or Comments:

Instructor Accommodations

- You are required to provide clean, safe, and secure accommodations for the instructor(s) during their entire week-long stay in your community. The accommodations must be at **no cost** to the instructor(s).

- | | |
|---|---|
| <input type="checkbox"/> Teacherage / Nursing Station | <input type="checkbox"/> Private Residence |
| <input type="checkbox"/> Hotel or Motel | <input type="checkbox"/> Other (Explain:) |

Do the instructor(s) need to bring bedding (pillows, sleeping bags, or sheets)? Yes No

Name of Accommodation:

Contact Name:

Phone:

Notes or Comments:

Food/Meal Arrangements

- If your community is selected for a visit you will need to pay an access fee of \$200.00 to the Lifesaving Society – Manitoba Branch to cover the cost of food/meals for the instructor(s) visiting your community.
- If instructor(s) must cook food in their residence, you must provide them with pots, pans, cutlery, and dishes.

- Groceries need to be purchased; a full kitchen is available in the accommodations/residence.
- Meals are available at a local diner/restaurant.

Notes or Comments:

Please note: By signing below, you certify the information on this application form is correct and that you and your community will honour the obligations required for hosting our program. We look forward to working with you to help make your community even more Water Smart®!

.....
Primary Community Contact Signature

.....
Date

Thank you for your application!